



3485 Independence Drive • Homewood, Alabama 35209
(205) 930-0920

INSTRUCTIONS FOR PROSTATE NEEDLE BIOPSY

DAY _____ DATE _____ TIME _____ (am) (pm)

You have been scheduled for a needle biopsy of the prostate. This involves the passage of a small needle into the prostate gland to obtain biopsies from several areas of the gland. The procedure takes 10 to 15 minutes. For this we need you to do the following:

1. The risks of complications from blood thinning drugs or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, non-steroidal anti-inflammatory agents, vitamin E, Plavix, or Coumadin or any other drug listed on the back of this sheet.

These medicines should be stopped 1 week before your procedure.

2. You will need to use a Fleets enema 2 hours before your procedure (this can be purchased at any drug store). This is very important to reduce the risk of infection.

3. You may eat breakfast and lunch just as you normally would.

4. Your doctor has sent to/or will give you a prescription for your pharmacy for an antibiotic. You need to pick up this prescription before your biopsy.

5. Take 1 antibiotic pill 4 hours before your scheduled biopsy and 1 pill the night of your biopsy. Take 1 pill in the morning and 1 pill in the evening for the next 2 days after your biopsy.

6. After the biopsy, you will be able to go home. You should have minimal physical activity the day of the procedure but may resume most activities the next day. No heavy lifting, straining or sexual activity for 2 days after the biopsy, then normal activity.

7. The biopsy specimens are sent to a pathology lab and are usually available within 5-6 working days. You will get a bill from a pathologist. Depending upon your insurance the pathology bill may be from our office or it may be directly from the pathologist. Your physician will instruct you when to call for the results of the pathology report.

You may experience the following problems after the biopsy: bleeding from the rectum, blood in your urine, blood in your semen, or burning, pain or frequency of urination. Unless these symptoms persist for more than 24 hours, they are not a reason to be concerned. If you develop FEVER, CHILLS, EXCESSIVE BLEEDING, or if you are UNABLE TO URINATE, call us immediately.

IF YOU HAVE ANY QUESTIONS PLEASE CALL (205) 930-0920