



3485 Independence Drive • Homewood, Alabama 35209  
(205) 930-0920

## Surgery Center, Outpatient and Hospital Pre-Operative and Surgical Instructions

Please report to the Admissions Office of \_\_\_\_\_ Hospital at \_\_\_\_\_ on \_\_\_\_\_ for your procedure which is scheduled at \_\_\_\_\_.

1. The risk of blood thinning agents or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, non-steroidal anti-inflammatory agents, vitamin E, Plavix, or any other drug listed on the back of this sheet. **These medicines should be stopped three weeks before your surgery.** If you take Coumadin, it should be stopped one week before surgery.

2. Please discontinue any over-the-counter supplements two weeks before your surgery and for four weeks after the surgery.

3. Bring with you any medications that you are taking regularly.

4. If you have been put on a bowel prep and /or antibiotics prior to your surgery, be sure you adhere to these instructions.

5. If at all possible, discontinue smoking or use of tobacco for one week prior to surgery.

6. Nothing to eat or drink after midnight the night before your surgery.

7. If you need anything for pain prior to your surgery, you may take the following:

Plain Darvon  
Datril  
Datril 500

Tylenol  
Extra Strength Tylenol  
Lortab

**For Questions Please Call (205) 930-0920**