

Christine Addresses International Meeting

In December, Brian Christine, MD, a partner with Urology Centers of Alabama, addressed a joint meeting of the European and International Sexual Medicine Societies in Brussels, Belgium.



Dr. Brian Christine

"Some of the best urologists in the world attended the meeting," Christine said. "It was an honor to offer my thoughts and opinions to them."

Christine gave two presentations, dealing with his surgical treatment of men who develop urinary incontinence and sexual dysfunction after undergoing radical prostatectomy for prostate cancer.

His opening presentation was on his experience with the sub-urethral sling, a procedure designed to treat stress urinary incontinence (SUI), a problem that is estimated to affect up to two million men worldwide. The current procedure, which is usually performed on an outpatient basis, offers more rapid patient recovery than previous methods.

"Many men who are incontinent after radical prostatectomy are candidates for a sub urethral sling," Christine said. "My series of men who have undergone the sling procedure totals almost 100 patients which is one of the largest series in the country."

Statistics show that the Advance Male Sling features a cure rate of about 85% for men with urinary leakage. "In addition," Christine said, "we've demonstrated a marked improvement in sexual satisfaction and even improvement in erectile function in these patients."

Christine's second presentation to the group described his technique of simultaneous placement of a male sling and a penile prosthesis in men who are both incontinent and suffer from erectile dysfunction (ED), and who are unresponsive to oral ED medications.

"Relatively few men have both persistent urinary incontinence and erectile dysfunction," Christine said. "For those who do however, a combined procedure may produce an immense and near-immediate improvement in their quality of life."

Christine, who has lectured extensively on his combined procedure, will present his data and experiences at the annual meeting of the American Urologic Association in April.

Christine has had gratifying success with these procedures. "I would encourage physicians with patients who suffer from urinary incontinence to be evaluated by a urologist with expertise in these procedures," he said.