

Low-Intensity Shockwave Therapy for Erectile Dysfunction (ED) and Peyronie's Disease

Urology Centers of Alabama is now offering Low-Intensity Shockwave Therapy (LISWT) for Erectile Dysfunction and Peyronie's Disease. LISWT is an innovative medical treatment that uses low intensity sound waves to treat the vascular cause of erectile dysfunction, and not just its symptoms. Shockwave therapy has been successfully tested and regularly used in various areas of medicine including Orthopedics, Aesthetic Medicine, and Sports Medicine.

What to Expect:

- You will be scheduled for evaluation with a physician/provider with Urology Centers of Alabama to determine if you are a candidate for LISWT.
- If you are determined to be a candidate for LISWT, you will be scheduled for six 30-minute sessions once a week for six weeks. No treatments will be administered on the initial visit.
- LISWT is experimental and results are not guaranteed.
- 50-60% of patients who meet criteria for treatment should see improvement after 6 sessions as evidenced by one or both of the following:
 - o Improved response to PDE5s
 - Ability to discontinue PDE5s
- 20% of patient who do not meet criteria for treatment may see no or transient improvement
- Risks associated with LISWT include the following:
 - o Bruising/hematoma
 - o Pain
 - o Treatment failure
 - Hematuria (rare)
 - Worsened curvature (rare)
- You will need to start Tadalafil 5mg tablets daily 1 week prior to treatment and continue throughout treatment.
- For more information, please contact the UCA Men's Health Center at the contact information listed below:

UCA Men's Health Center Homewood Plaza 3125 Independence Drive Suite 210 Homewood, AL 35209 205 930-0920 (Office) 205-263-5172 (Fax)

3/17/2022 Form # PE-001