

INSTRUCTIONS FOR VASECTOMY PATIENTS

1. Please contact your insurance company and verify whether a vasectomy is a covered service. If it is a covered service, please be prepared to pay any deductible or co-pay that will be due. If it is not covered, you will need to pay the full fee before the procedure.
2. Unless instructed otherwise when you schedule your vasectomy, the evening before your vasectomy you should shave the pubic area around the penis, the shaft of the penis, two inches around the scrotum, and the entire scrotal sac. It is not necessary to shave the entire pubic area. Shave using a standard safety razor like the Gillette Trac II. Do not use an electric razor, waxing products, or cream depilatories like Nair.
3. The risk of blood thinning agents or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, non-steroidal anti-inflammatory agents, Vitamin E, Plavix, Coumadin, Pradaxa, Effient, Brilinta or any other drug listed on the back of this sheet. Your primary care doctor or cardiologist needs to approve discontinuing these drugs. Once you have approval from your doctor or our office, **these medicines should be stopped one week before your procedure.**
4. Be sure to bring someone to drive you home. Sedation may be given, and the patient is not allowed to drive home after the procedure.
5. Have your prescriptions filled on the way home after the procedure and begin your medications immediately.
6. For the rest of the day & evening after the procedure, lie flat on your back and use an ice pack on the scrotum. You may get up to eat & to use the bathroom.
7. For the next two days, you may continue to use the ice pack intermittently. You should not do anything strenuous for the next 2 weeks – no athletics, heavy lifting, bicycle riding, motorcycle riding, horseback riding, or mowing the lawn, etc.
8. You may have swelling on either side of the scrotum which will be about the size of your thumb. This is normal.
9. The entire scrotum may turn blue as it bruises easily. This is okay as long as the scrotum does not become swollen to the size of an orange or grapefruit, etc. If this happens, please call your urologist.
10. You may resume sexual relations at any point, but you must continue your current birth control methods until we have tested **two negative sperm counts**. We will provide a container for you to collect a semen sample six weeks after the vasectomy. You may drop the specimen at any office and a physician will check it. Call the office the next day for the results.
11. Your skin stitches will dissolve on their own within the next 7 to 14 days. You may shower the morning after the procedure, but no swimming or tub baths for four days.
12. You will be more comfortable if you wear a scrotal support (jockey strap) or jockey-type underwear for the next four or five days.
13. The tissue specimens removed today will be checked by a pathologist to verify their identity. You will be billed separately by the pathologist.

Anticoagulants

The following prescription drugs, over the counter medications and supplements contain anticoagulants which make it more difficult for your blood to clot when you bleed during a biopsy, office procedure or surgery. The instruction sheet for your procedure will tell you when to stop taking these medicines.

These include: All multivitamins and herbal supplements including Fish Oil.

Always consult with your physician who prescribed the medicine before you stop taking it.

PRESCRIPTION MEDICATIONS

Anticoagulants

Acenocoumarin (nicoumalone)	Dicoumarol	Miradon (anisindione)
Acova (argatroban)	Fragmin (dalteparin)	Refludan (lepirudin)
Angiomax (bivalirudin)	Heparin	Pradaxa (dapigatran etexilate)
Coumadin	Lovenox (enoxaparin)	Effient (prasugred)

Antiplatelet Drugs

Aggrastat (tirofiban)	Brilinta (ticagrelor)	Pletal (cilostazol)
Aggrenox (ASA/extend release dipyridamole)	Flolan (epoprostenol)	Reopro (abciximab)
Agrylin (anagrelide)	Integrilin (eptifibatide)	St. Joseph 81 mg
Aspirin	Plavix (clopidogrel)	Ticlid (ticlopidine)
	Persantine (dipyridamole)	Ventavis inhalation

PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDES

Ascriptin with Codeine tablets	Forte tablets	Oarvon compound pulvules
Axotal tablets	Lanorinal tablets	Pabalate-SF tablets
Buff-A Comp tablets and capsules	Magan tablets	Percodan and Percodan dimi tablets
Buff-A Comp#3 tablets (with Codeine)	Magsal tablets	Robaxisal tablets
Celebrex	Mammal capsules	Synalgos-OC capsules
Easprin	Micrainin tablets	Talwin compound tablets
Empirin with Codeine tablets	Norbidin tablets	Trillisate tablets and liquid
Equagesic tablets	Norgesic	Zorprin tablets
Fiorinal tablets	Oarvon with ASA pulvules	
Fiorinal with Codeine	Oisalcid capsules	

PRESCRIPTION AND NONPRESCRIPTION PRODUCTS CONTAINING IBUPROFEN

Aches-N-Pain	Indocin	Naproxen
Advil	Indo-Lemmon	Nuprin
Aleve	Indomethacin	Oiclofenac sodium
Anaprox	Incomethacin SR	Orudis
Anaprox OS	Ketoprofen	Pamprin IB
Clinoril	Ketorolac	Pediaprofen
Etodolac	Tromethamine	Proxicam
Feldene	Meclofenamate	Rufen
Fenoprofen	Meclomen	Sodium
Fenoprofen calcium	Medipren	Solindac
Flurbiprofen	Midol 200	Tolectin (any)
Genpril	Mefanamic acid	Tolmetin sodium
Haltran	Mobic	Toradol
Ibuprin	Motrin	Trendar
Ibuprofen	Nalfon	Voltaren
Indameth	Naprosyn	

NONPRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDE

4-Way cold tablets	Bufferin tablets (any kind)	Mobigesic tablets
Alka-Seltzer	Buffets II tablets	Momentum tablets
Alks-Seltzer Plus cold medicine	Buffinol tablets	Neocylate tablets
Anacin tablets	Buffinol Extra tablets	Pabalate
Anodyna tablets	Cama Arthritis Strength tablets	Pepto Bismol
Arthralge tablets	Cope tablets	Persistin tablets
Arthropan liquid	Cospin tablets	S.A.G. tablets
Arthritis Strength Bufferin tablets	CP 2 tablets	St. Joseph children's aspirin
A.S.A. Enseals	Dasin capsules	St. Joseph Cold tablets
Ascriptin tablets	Doan's Pills	Salacol tablets
Ascriptin A/D tablets	Duradyn tablets	Salato tablets
Ascriptin Extra-Strength tablets	Ecotrin tablets	Stanback powder
Asperbuf tablets	Emagrin tablets	Supac
Aspergum	Empirin tablets	Synalgos capsules
Bayer Aspirin tablet (any kind)	Excedrin tablets or capsules	Trigesic
BC tablet or powder	Goody's powder	Uracel
Buf Tabs	Measturin tablets	Vanquish caplets
Buffaprin tablets	Midol caplets	Verin tablets