

To complete your registration online go to:
<https://ucamenshealthcme.eventbrite.com>

Or

Complete the registration form below and return to:

Urology Centers of Alabama

PO Box 382647

Birmingham, AL 35238-2647

If you have questions about the conference, please call us at 205-427-2638

or you can email us at jeff@m3solutionsllc.com

Men's Health - Mind, Body and Sex

March 12, 2022

REGISTRATION FORM

Name (please print clearly) _____

☐ MD ☐ DO ☐ CRNP ☐ RN ☐ PA ☐ Other _____

Practice Name _____

Address _____

City _____ State _____ Zip Code _____

Office Telephone _____

Email _____

What is your primary medical specialty? (check one)

☐ Urology ☐ Family/General ☐ OB/GYN ☐ Other _____

Please register me as:

☐ Physician Fee – Early Bird \$100 up to February 11, 2022

☐ Physician Fee \$125 after February 11, 2022

☐ CRNP, RN or PA Fee \$75

Payment must accompany your registration.

Please make checks payable to **Urology Centers of Alabama**

Can we include your name, email address and business contact information on the Attendee List we provide exhibitors? ☐ Yes ☐ No

Please check applicable:

I will be in attendance at the Friday evening Reception:

☐ Conference Attendee ☐ Guest

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P.O. Box 382647
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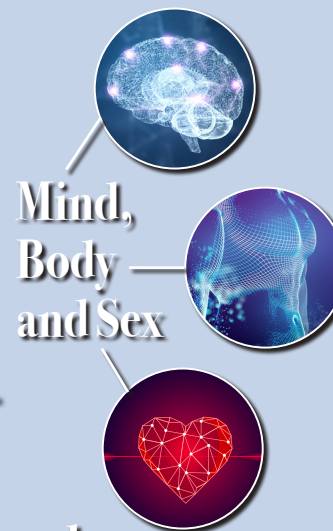
UCA | UROLOGY CENTERS
OF ALABAMA



Men's Health

March 12, 2022

Grand Bohemian, Mountain Brook



Earn 5.75 AMA PRA Category 1 Credits™ plus 2 additional
AMA PRA Category 1 Credits™ given by ProAssurance

Online registration - ucamenshealthcme.eventbrite.com



Men's Health - Mind, Body and Sex

March 12, 2022
Grand Bohemian, Mountain Brook

Course Description

Urology Centers of Alabama is offering continuing education through the Medical Association of the State of Alabama. This continuing medical education meeting is designed to provide physicians and other healthcare staff with a practical and timely overview of the important developments in the care of urology patients. The format will be an overview of the disease state and presentation on current standard of care for diagnosis and treatment. A spectrum of urology topics will be discussed. Adequate time after each set of lectures will permit panel discussion, as well as, opportunity for questions and comments from the audience.

UCA CME 2022 Objectives – Men's Health Mind, Body and Sex

Upon completion of this CME activity, participants will be able to:

1. Identify how nutrition relates to underlying health issues.
2. Identify sleep apnea issues in their patients and when to refer to a specialist.
3. Distinguish how mental health issues affect the physical well-being of the patient.
4. Explain the importance of early PSA screenings and new guidelines to their patients and staff.
5. Identify symptoms of BPH, and who might be a good candidate for more advanced treatment options.
6. Explain that the link between germline mutations and higher rates of metastatic and higher-grade cancer shows that understanding DNA mutations and genomics can improve treatment
7. Identify the risks associated with testosterone replacement.
8. Identify Peyronies' Disease symptoms in their male patients and recommend treatment options.
9. Recognize the role sexual dysfunction and intimacy issues play in the treatment of certain urological/urogynecology issues.
10. Distinguish when and how to initiate first line therapy for Erectile Dysfunction and discuss the differences between the various treatment options now available.

Target Audience

This educational activity is designed for providers who treat and manage patients with urological issues. This includes those who specialize in family medicine, urgent care, internal medicine and OB/GYN. Also encouraged to attend are nurse practitioners, physician assistants and registered nurses. If interested, allied health professionals and industry representatives are welcome to attend this educational activity.

CONFERENCE AGENDA • Saturday, March 12, 2022

7:00 – 8:00	Registration, Breakfast, visit Vendors
8:00 – 8:05	Welcome: Michael Bivins, MD
8:05 – 8:15	CME Objectives/Business: Brian Christine, MD
8:15 – 9:45	Block A – Mind & Body <ul style="list-style-type: none">• 8:15 – 8:30am – Practical Aspects of Nutritional Medicine – A. Kenneth Olson, MD, Nutrition Grandview• 8:30 – 8:45am – Effects of Sleep Apnea on Urological Function – David Franco, MD, Pulmonary Associates of the Southeast• 8:45 – 9:00am – Move Well – Rich Pennino, Owner, Forge Fitness• 9:00 – 9:30am – Stress: The Secret Enemy You Need To Know – Josh Klapow, Ph.D., Clinical Psychologist• 9:30 – 9:45am – Let's Talk About it: Round Table – Olson, Franco, Pennino, Klapow
9:45 – 10:00	Break, Visit Vendors
10:00 – 12:00	Block B – Prostate Health <ul style="list-style-type: none">• 10:00 – 10:30am – An Ever-Growing Problem in Men...Benign prostatic hyperplasia (BPH) – Lee Hammontree, MD, Urology Centers of AL• 10:30 – 10:45am – The Appropriate use of PSA Screening and Guidelines – Jared Cox, MD, Urology Centers of Alabama• 10:45 – 11:30am – Genetic Testing and Prostate Cancer: Recoupling Molecular Biology and Clinical Expertise – Raoul Concepcion, MD, U.S. Urology Partners• 11:30am – 12:00pm – Urology question? Ask us anything: course attendee driven panel discussion – Hammontree, Cox and Concepcion
12:00 – 12:30	LUNCH
12:30 – 2:45	Block C – Sexual Health <ul style="list-style-type: none">• 12:30 – 1:00pm – Let's talk about how we can help; UCA's ED & Low T Clinics – Austin Lutz, MD, Urology Centers of Alabama• 1:00 – 1:30pm - Behind the Curve: Peyronie's Disease Symptoms and Treatments – David Qi, MD, Urology Centers of Alabama• 1:30 – 2:00pm – Sexual Health Wellness for Women: An Integrated Approach – Heather Williams, CRNP, Urology Centers of Alabama• 2:00 – 2:30pm – Emerging Therapies: Shock Wave and Platelet Rich Plasma: What's the Truth? – Brian Christine, MD, Urology Centers of AL• 2:30– 2:45pm – Men's Sexual Health Roundtable – Christine, Qi, Lutz, Williams
2:45 – 3:00	Break, Visit Vendors
3:00 – 5:00	ProAssurance Risk Management Seminar

Please Note: Speakers and agenda are subject to change without notice.

Returning to the
Grand Bohemian,
Mountain Brook
March 12, 2022



General Information

Accreditation

The Medical Foundation of Alabama designates this live activity for a maximum of 5.75 *AMA PRA category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and Urology Centers of Alabama. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

NORCAL Group, now part of ProAssurance, includes NORCAL Insurance Company and its affiliated companies.

The NORCAL Insurance Company is accredited by the Accreditation Council for Continuing Education (ACCME) to provide continuing medical education for physicians.

NORCAL Insurance Company designates this educational activity for a maximum of 2.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Online Registration go to <https://ucamenshealthcme.com>

CME TRANSCRIPTS NOW AVAILABLE ONLINE!

Transcripts will be available for download from the Medical Association website eight (8) weeks after the date of the educational event. Go to www.alamedical.org/CMETranscript and follow the instructions to print or download your CME transcript. For assistance, please call Margaret McGuire at (334) 954-2500.

Reception

Please join us for a Welcome Reception on Friday, March 11, 2022 from **6:00-8:00pm at Grand Bohemian, 2655 Lane Park Rd., Birmingham, AL 35223 in the Private Dining and Billiards Rooms.**

UCA | UROLOGY CENTERS OF ALABAMA
www.urologycentersalabama.com

UCA | MEN'S HEALTH CENTER
www.urologycentersalabama.com/mens-health

All registered attendees and a guest are invited to join us. Please indicate on the registration form if you will be able to attend.

Fee

The Early Bird Physician fee is \$100 thru February 11, 2022. The Physician fee after February 11, 2022 is \$125. The CRNP, RN or PA fee is \$75. The registration fee includes the educational session, meals (Friday reception, breakfast, refreshment breaks and lunch on Saturday). All registration will be confirmed via email or mail.

Cancellations

Cancellation is allowed if written cancellation is received before February 28, 2022. A full refund minus a \$25 processing fee will be given for written cancellations postmarked after February 28, 2022. No refund will be given for no-shows.

Location

The educational activity will be held at the Grand Bohemian, Birmingham, AL 32223 located at 2655 Lane Park Rd., Birmingham, AL 35223. Their phone number is (205) 414-0505. Complimentary valet parking will be provided on site.

Accommodations

The Grand Bohemian is offering a discount of 15% off the guest room rate to all UCA attendees/vendors for the March 12, 2022 conference. To make your reservations, go online to Marriott.com and select the Grand Bohemian, Birmingham, AL and the date(s) for your reservation. Enter the code W14 to receive 15% off your guest room rate. The 15% discount will only apply if the Grand Bohemian, Birmingham is below 80% occupancy.

Acknowledgement

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgement will be updated and provided at the time of the conference.

For more information on Urology Centers of Alabama please visit our website at www.urologycentersalabama.com/cme2022

UCA | WOMEN'S CENTER
www.ucawomenscenter.com

UCA | VAN SCOTT CANCER CENTER
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