

Patient Instructions for Prostate Biopsy

You have been scheduled for a prostate biopsy. A prostate biopsy is a procedure that removes small pieces of tissue or cells from the prostate gland so that they can be examined under a microscope to determine if there are cancer or other abnormal cells present. The procedure takes approximately 10 – 15 minutes to perform.

Prior to Your Procedure

If you are taking anticoagulant (blood thinner) medications, your physician should discuss discontinuing these medications **one week prior** to your procedure. You may be requested to obtain permission from your prescribing physician to discontinue any anticoagulant medications. A list of commonly prescribed anticoagulants is located on the back of this form.

On the Day of Your Procedure, You Should

1. Eat prior to, and after your procedure as you normally would.
2. Take your routine medications, except for anticoagulants, on the day of the procedure.
3. Self-administer a Fleets enema two hours prior to the procedure. Fleets enemas can be purchased over the counter at any pharmacy.
4. Take the prescribed antibiotic two hours prior to the procedure. The antibiotic will be sent to your pharmacy.
5. Plan to arrive 15 minutes prior to your appointment time.
6. Have a driver with you.

Specimens will be sent to the pathology lab and examined. Please allow one week for results to be released to your physician for review. You should be notified of the results within 10 working days. If you have not been notified within 10 working days of your procedure, please contact your physician.

If you have any additional questions, please contact your physician at 205-930-0920.

Additional Physician Instructions: _____

Anticoagulants

Anticoagulants make it more difficult for your blood to clot when you bleed during a biopsy, office procedure, or surgery. The following is a list of commonly prescribed prescription drugs, over the counter medications, and supplements that contain anticoagulants. Please be advised this is not an all-inclusive list. If you are unsure if your medication is an anticoagulant, aspirin-based product, or an anti-inflammatory, **please check with your physician or pharmacist.**

Always consult with the prescribing physician before holding or discontinuing any medications.

COMMONLY PRESCRIBED MEDICATIONS CONTAINING ANTICOAGULANTS	
Brand Name	Generic Name
Coumadin, Jantoven	Warfarin
Dapigratan, Eteplalte	Pradaxa
Eliquis	Apixaban
Eptifibatide	Integrilin
Plavix	Clopidogrel
Prasugrel	Effient
Ticagrelor	Brilinta
Xarelto	Rivaroxaban

COMMON MEDICATIONS CONTAINING NONSTEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDs)	
Brand Name	Generic Name
Advil, Motrin	Ibuprofen
Aleve, Naprosyn, EC-Naprosyn	Naproxen sodium
Anaprox, Anaprox DS, Naprelan	Naproxen
Ansaid	Flurbiprofen
Cataflam	Diclofenac potassium
Celebrex	Celecoxib
Clinoril	Sulindac
Daypro	Oxaprozin
Dolobid	Diflunisal
Indocin, Indocin SR	Indomethacin
Lodine, Lodine XL	Etodolac
Mobic	Meloxicam
Orudis	Ketoprofen
Relafen	Nacumentomne
Toradol	Ketorolac
Voltaren, Voltaren XR, Flector patch	Diclofenac sodium

COMMON MEDICATIONS CONTAINING ASPIRIN	
Brand Name	Generic Name
Ecotrin, Bayer, Ascriptin, St. Joseph's	Aspirin
Dipyridamole/Aspirin	Aggrenox
Fiorinal	Butalbital/Aspirin/Caffeine
Soma Compound	Carisoprodol/Aspirin
Orphenadrine/Aspirin/Caffeine	Norgesic
Percodan	Oxycodan/Aspirin
Feldene	Long-acting NSAID: Piroxicam