UCA | Urology Centers Of Alabama

Pre- and Post-Procedure Instructions for Vasectomy (205) 930 – 0920

Pre-Procedure Instructions for Vasectomy

1. Contact your insurance company and verify if your vasectomy is a covered service. If it is a covered service, please be prepared to pay any deductible or co-pay that will be due. If it is not a covered procedure, you will be responsible for paying the full fee before the procedure. There is also a nonrefundable charge of $139 for the at-home semen analysis specimen collection kit that will be provided at the time of your procedure.
2. The evening before the procedure, unless instructed otherwise, you should shave the pubic area surrounding the penis, the shaft of the penis, two inches around the scrotum, and the entire scrotal sac using any standard safety razor. Do not use an electric razor, waxing products, or cream depilatories. It is not necessary to shave the entire pubic area.
3. The risk of bleeding is significant. Please notify your urologist if you take any medications containing aspirin, nonsteroidal anti-inflammatory agents, Vitamin E, or any anticoagulants such as Plavix or Coumadin or any other medication that can increase your risk of bleeding. (A list of commonly prescribed anticoagulant medications is listed on the back of this sheet.) Your primary care physician or cardiologist will need to approve discontinuing these medications prior to your procedure. Once you have been cleared, these medications should be stopped one week prior to your procedure.
4. If sedation will be used for your procedure, you must be accompanied by a driver.

Post-Procedure Instructions for Vasectomy

1. Have your medications filled on the way home after your procedure and begin taking as directed.
2. For the remainder of the day and evening of the procedure, lie flat on your back and apply an ice pack to the scrotum. It is okay to get up to go the bathroom. You may continue to use the ice pack intermittently for up to 48 hours following your procedure.
3. You may shower beginning the day after your procedure, but no swimming or tub baths for 4 days.
4. You should refrain from any strenuous exercise and from any bicycle, motorcycle, or horseback riding for two weeks following the procedure.
5. It is normal to experience swelling on either side of the scrotum. It is also normal for the scrotum to swell. Notify your urologist if the scrotum swells any larger than the size of an orange. Bruising is to be expected, and the scrotum may turn various colors of blue or purple as the bruising subsides.
6. You may resume sexual relations but should continue with current birth control methods until your urologist confirms that at least one semen specimen is negative. A kit will be provided to you at the time of your procedure to collect your semen sample and mail to the lab for processing.
7. If stitches are applied to the incision site, they will dissolve on their own within 7 – 14 days.
8. Scrotal supports or jockstraps may minimize discomfort and may be worn during the healing process.
9. If tissue specimens are removed during your procedure for review by a pathologist, you will be billed separately by the pathologist for this service.

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Anticoagulants

The following is a list of commonly used prescription drugs, over the counter medications and supplements, including multivitamins and fish oil, that contain anticoagulants which make it more difficult for your blood to clot when you bleed during a biopsy, office procedure or surgery. This list is not all-inclusive. Your physician or instruction sheet for your procedure should tell you when to stop taking these medicines.

Always consult with the prescribing physician who prescribed the medication before stopping any medications.

Prescription Medications

Anticoagulants

Acenocoumarin (nicoumalone
Acova (argatroban)
Angiomax (bivalirudin)
Arixtra (fondaparinux)
Coumadin
Dicoumarol
Effient (prasugred)
Fragmin (dalteparin)
Heparin
Lovenox (enoxaparin)
Miradon (anisindione)
Refludan (lepirudin
Pradaxa (dapigatran etexilate)
Savaysa (edoxaban)
Xarelto (rivaroxaban)

Antiplatelet Drugs

Aggrastat (tirofiban)
Aggrenox (ASA/extend release Dipyridamole)
Agrylin (anagrelide)
Aspirin
Brilinta (ticagrelor)
Flolan (epoprostenol)
Integrilin (eptifibatide)
Plavix (clopidogrel)
Persantine (dipyridamole)
Pletal (cilostazol)
Reopro (abciximab)
St. Joseph 81mg
Ticlid (ticlopidine)
Ventavis inhalation

Prescription Products containing Aspirin, Salicylates and/or Salicylamides

Ascriptin with Codeine tablets
Axotal tablets
Buff-A Comp tablets and capsules
Buff-A Comp#3 tablets (with Codeine)
Celebrex
Easprin
Equagesic tablets
Fiorinal tablets
Fiorinal with Codeine
Forte tablets
Lanorinal tablets
Magan tablets
Magsal tablets
Mammal capsules
Micrainin tablets
Norgesic
Oarvon with ASA pulvules
Oisalcid capsules
Oarvon compound pulvules
Pabalate- SF tablets
Percodan and Percodan dimi tablets
Robaxisal tablets
Synalgos-OC capsules
Talwin compound tablets
Zorprin tablets

Prescription and Nonprescription Products containing Ibuprofen

Aches-N-Pain
Advil
Aleve
Anaprox
Anaprox OS
Clinoril
Etodolac
Feldene
Fenoprofen
Fenoprofen calcium
Flurbiprofen
Genpril
Haltran
Ibuprin
Ibuprofen
Indameth
Indocin
Indo-Lemmon
Indomethacin
Incomethacin SR
Ketaprofen
Ketorolac
Tromethamine
Meclofenamate
Meclomen
Medipren
Midol 200
Mefanamic acid
Mobic
Motrin
Nalfon
Naprosyn
Naproxen
Nuprin
Oiclofenac sodium
Orudis
Pamprin IB
Pediaprofen
Proxicam
Rufen
Sodium
Solindac
Tolenctin (any)
Tolmentin sodium
Toradol
Trendar
Voltaren

Nonprescription Drugs containing Aspirin, Salicylates and/or Salicylamides

4-Way cold tablets
Alka-Seltzer
Alka-Seltzer Plus cold medicine
Anacin tablets
Anodynoa tablets
Arthralge tablets
Arthropan liquid
Arthritis Strength Bufferin tablets
A.S.A. Enseals
Ascriptin tablets
Ascriptin A/D tablets
Ascriptin Extra-Strength tablets
Aspergum
Aspirin
Bayer Aspirin tablet (any kind)
BC tablet or powder
Buf Tabs
Buffaprin tablets
Bufferin tablets (any kind)
Buffets II tablets
Buffinol tablets
Buffinol Extra tablets
Cama Arthritis Strength
Cope tablets
Cospin tablets
CP 2 tablets
Dasin capsules
Doan's Pills
Duradyn tablets
Ecotrin tablets
Empririn tablets
Excedrin tablets or capsules
Goody's powder
Measturin tablets
Midol captlets
Mobigesic tablets
Momentum tablets
Neocylate tablets
Pabalate
Pepto Bismol
Persistin tablets
S.A.G. tablets
St. Joseph children's aspirin
St. Joseph Cold tablets
Salacol tablets
Salato tablets
Stanback powder
Synalgos capsules
Trigesic
Uracel
Vanquish caplets
Verin tablets

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